

**BELLEVUE CHRISTIAN ACADEMY SPORTS HANDBOOK**

**MISSION STATEMENT**

The mission of the Bellevue Christian Academy Sports program is to cultivate our students athletic talents as well as instill good sportsmanship and teamwork in a positive and faith filled environment.

**AVAILABLE SPORTS**

| <b>FALL</b>                                            | <b>WINTER</b>   | <b>SPRING</b>   |
|--------------------------------------------------------|-----------------|-----------------|
| GIRL'S VOLLEY BALL<br>CROSS COUNTRY<br>SOCCER SEASON 1 | TRACK AND FIELD | SOCCER SEASON 2 |

**Sports we're looking into:** Golf, Softball, Baseball and Basket Ball

**STAFF**

MR. MIKE - ADMINISTRATOR

MS. STEPHANIE - ADMINISTRATIVE ASSISTANT

MR. MICHAEL - ATHLETIC DIRECTOR

**COACHES**

MARISSA WEAIVING - VOLLEYBALL, HEAD COACH

LAURA MUSIC - VOLLEYBALL, ASSISTANT COACH

MICHAEL LaCRONE - CROSS COUNTRY AND TRACK & FIELD

STEPHANIE THOMPSON - CROSS COUNTRY AND TRACK & FIELD

SOCCER IS COACHED BY A VARIETY OF EVER CHANGING VOLUNTEERS, COACH INFORMATION IS HANDOUT AT THE BEGINNING OF EACH SEASON AS WELL AS ALL INFORMATION NEEDED FOR THE SPORT.

**NOTE:** Specific information for soccer will not be covered in this handbook.

**COMPLIANCE:** In order to participate on a BCA team each athlete and parent/guardian must read this handbook and sign the compliance statement at the bottom of the chosen sport's registration form, indicating that athletes and parents/guardians will comply with the rules stated herein. Noncompliance by either student or parents/guardians will result in penalties for the athletes.

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**I. SPORT ELIGIBILITY** - All students who wish to play sports at BCA must meet the following requirements to be eligible to play on ANY existing team. Students who fail to meet these requirements or fail to maintain them throughout the season are subject to removal from the desired sports. Please be aware many of the sports will hold tryouts, so eligibility does not guarantee team placement. The requirements are as follows:

**A. GRADE POINT AVERAGE** - Students must maintain a 2.5 or higher G.P.A. throughout the desired sports season. Student's attempting to join sports with a GPA beneath this requirement will not pass the tryout phase. Students who fall below the minimum during the season will be given a two week probationary period where they will be benched during games, but will have to attend practice. Failure to raise G.P.A. within the probationary period will result in removal from the team.

**B. GOOD STANDING** - a student may not join a team if they are on academic probation. Also, entering academic probation may result in the immediate removal of said student from their desired sport. If probationary status is lifted, the student may return with administrative permission.

**C. ATHLETIC FORMS** - Athletic forms must be submitted prior to participating in any tryout, practice or competition. Forms need to be submitted once per school year. All of these forms will be available on our website.

### **1. UP TO DATE PHYSICALS**

### **2. ATHLETIC REGISTRATION FORM**

### **3. STUDENT PERMISSION FORM AND WAIVER**

**D. ADMINISTRATIVE AND TEACHER APPROVAL** - Mr. Mike and a student's teacher reserve the right to remove a student from any team with just cause. This could include repeated disciplinary action, poor grades, etc ...

**II. RULES AND REGULATIONS** - Members of each BCA sport team must abide by the rules set by not only the school, but also by the Kingdom of the Son league from which we belong. Infractions of these rules will be met with the appropriate correction.

**A. PLAYERS MUST SHOW GOOD SPORTSMANSHIP** - Students of BCA are a reflection of their school as well as God and must act as such. Inappropriate behavior at practice or games will not be tolerated and include: foul language, bad sportsmanship, violence, cheating, confrontations with opposing teams etc ...

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**B. PLAYERS MUST BE TEAM PLAYERS** - At BCA, we see our sports teams as families. Players should uplift each other and strive to help them succeed. Gossip or bullying is unacceptable. At BCA we strive for unity. There is no "I" in Team.

**C. PLAYERS MUST ATTEND ALL PRACTICES AND GAMES** - Students are to participate in every practice and game. Multiple unexcused absences could result in benching and in extreme cases removal from team. Absences must be approved in advance or in the case of medical related absences, a doctors note must be supplied to the front office. For more information about absences see the disciplinary action section.

**D. PLAYERS MUST COME PREPARED FOR ALL PRACTICES AND GAMES** - Students should come to each practice and game with all clothing and gear they require. Team uniforms are to be worn at every game and should be cleaned and pressed. Students should come to practice with a change of clothes, sport bottle filled with water, proper, closed toed, athletic shoes, and any other coach required equipment.

**E. SCHOOL ATTENDANCE** - Attendance at school (at least 1/2 day) is required in order for an athlete to attend practice and competitions. Any athlete who leaves school during the day at any time due to illness or head lice will not be eligible to attend practice or competitions on that day.

**F. CELL PHONES AND OTHER ELECTRONIC DEVICES** - These are not to be used by athletes when in attendance at an athletic practice or competition. They need to be stored inside a gear bag until a coach asks players to contact their parents/guardian incase of a delay. Coaches will provide contact methods to parents/guardians for their use.

**III. DISCIPLINE** - The discipline program is set up in a card system much like an actual game. Each card results in benching for a set amount of time until the third in which the player is subject for removal from a team. Please remember that even in the case of a benching, student's must still attend all practices. The majority of discipline is handled by the coaches, so please direct concerns about such decisions to your child's coach. If an agreement can not be settled upon, then a meeting may be set up with the Athletic Director and coach to go over the cause for discipline. Below you will find the discipline plan.

**A. WARNINGS** - Players will receive three warnings before receiving a card. Any action that breaks any of the above sections rules or regulations is warranted for a warning. Coaches will keep track of these warnings and persistent disobedience or disrespect may result in the player receiving a card.

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**B. CARDS** - Once a child has received three warnings the coach will place a colored card within their file. They are as follows:

- 1. YELLOW CARD** - After the first three warnings, the player will be benched for the following game. They must attend and participate in all practices and attend the game. If they do not, they will be benched again, and if this continues they may be removed from the team.
- 2. ORANGE CARD** - After the second three warnings, the player will be benched for the next two games following issuing. Information goes to the Athletic Director and the student will be placed on probation.
- 3. RED CARD** - After the final warning, the player will be suspended from further activity and information will be sent to the principal to be reviewed for removal from the team.

**C. REMOVAL** - Once a child has been removed from a team, they are unable to play sports for the remainder of the school year, but may try again the following school year. Students who are removed twice in their time at BCA will not be allowed to participate again in any sport for the remainder of their time at BCA.

**NOTE:** In accepting a position on any BCA sports team, an athlete and that athlete's parents/guardians give permission for the Athletic Director to check and discuss the athlete's attendance, conduct, grades, and missing work with the athlete, the athlete's teachers, the athlete's parents/guardians, and the school administration.

**IV. GRIEVANCES** - Any grievances related to coaching should be first addressed with the coach at an appropriate time and place, and in an appropriate manner. During or immediately prior to or following a competition is **NOT** the appropriate time. Grievances that cannot be resolved should be brought to the attention of the Athletic Director. The Athletic Director and school administration are committed to working with athletes, parents/guardians, and coaches to resolve issues relating to the athletic program.

**V. SPECTATOR CONDUCT** - As we proceed with our various sports, we look forward to our student's families and friends traveling with our teams and supporting them. For maximum enjoyment of our players and spectators, we ask that all those viewing the games follow these rules:

**A. TREAT OFFICIALS AND COACHES WITH RESPECT** - As officials are bound by the rules so are their calls. Please refrain from heckling, interfering with, or directing inappropriate language or behavior toward them.

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**B. TREAT OTHER SPECTATORS WITH RESPECT** - Often times competitive teams will bring with them their own fans. Please refrain from heckling, or directing inappropriate language or behavior toward them.

### **C. EXERCISE SELF CONTROL AT ALL TIMES**

**VI.SCHEDULES** - Game and meet schedules are tentative. Although your coach is expected to communicate with you, parents and athletes are ultimately responsible for being aware of the schedule. If an athlete has to miss a practice or competition for any reason, please contact the coach in advance.

**VII.VOLUNTEERING** - We would love to have our parents participate in our sports program through volunteering. Please keep an eye out for a sports volunteer form that will come home with your student the first week of practice.

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### **GENERAL INFORMATION**

#### **Uniforms**

Care of uniforms is the responsibility of the athlete and his/her family. Please air-dry uniform jerseys, report any damaged or lost uniforms to the Athletic Director immediately, and return uniforms clean and in good condition at the end of the season.

#### **Transportation**

BCA has limited capability to provide transportation to or from any practices or competitions, depending on the size of the team. All transportation must be arranged in advance by the parent/guardian unless otherwise stated by the coach. Any student (including siblings) leaving school early for a BCA competition must provide written notice prior to the event.

#### **FOR THE ATHLETES...**

**Attendance & Punctuality** - Athletes are expected to attend all practices on time and ready to play. Please remember that coaches invest time and energy planning for practices and competitions based on all athletes being present. Make their jobs easier by notifying them BEFORE the practice or competition if you are not able to attend. Missing practices or being late may result in less playing time during competitions as stated above.

#### **Dress**

Practices: Athletes can wear clothes of their choosing, as long as the clothes are appropriate for the school setting and for an athlete's particular sport.

Competitions: Athletes are required to wear the Bellevue Christian Academy uniform.

**Conduct** - As a both an athlete and student at BCA you are expected to not only represent your school, but also God. Inappropriate behavior of any kind will be dealt with swiftly as outlined above.

**Playing Time** - Play time is determined by the coach and is based on attitude, athletic ability, and attendance. Athletes are NOT guaranteed playing time in every competitive event.

#### **Competition Day Responsibilities**

Coaches will pick up their athletes 30 mins prior to departure from the campus. Athletes will stay with the team until competition has finished and they have been released by the coach. Athletes will assist the coach in setting up prior to the competition and/or cleaning up after the competition as needed. PARENTS/GUARDIANS ARE NOT TO TAKE STUDENT UNTIL THEY ARE SIGNED OUT.

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### **FOR THE PARENTS...**

#### **Parent Supervision of Children**

It is your responsibility as a parent/guardian to make sure your athlete has supervision at all times when participating in a school-sanctioned event, whether on campus or off. If you cannot be there, it is your responsibility to determine who will be supervising and/or driving your child and confirm with this person prior to the event.

Student will be taken from carline to practices and games. If for some reason you are dropping your child off to a practice, DO NOT drop athletes off earlier than 10 minutes before a scheduled practice time and DO NOT assume there is "someone" to watch your child.. Parents/drivers must make sure the athlete's coach is present before leaving. Please ensure that if your child is waiting for practice to begin he/she does not interfere with another team's practice. This applies to any other children under your supervision as well.

#### **Gym Safety**

Belleview Christian Academy does not have a gym of its own, but we do rent from First Baptist Church of Oxford for Volleyball, and visit the Gyms of other schools. Please follow these guidelines during practices or games.

- Please use the main entrance to enter the gym.
- No gum chewing, glass, or cleats in the gym.
- Do not enter the storage closets for any reason.
- Please handle all gym equipment appropriately.
- No ball handling in the gym for spectators during practices and competitions (including during volleyball side switch).
- All children must be supervised by a parent/guardian.
- The care of equipment and supervision of children also applies to all other sports areas.

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Belleview Christian Academy participates in the Kingdom of the Son conference.  
The following is information about their program.

### Kingdom of the Son Conference Schools

- **Ambleside School of Ocala (Skylarks)** - 507 SE Broadway St. Ocala, FL 34471
- **Blessed Trinity Catholic School (Braves)** - 5 SE 17th St. Ocala, FL 34471
- **Cornerstone School (Cougars)** - 2313 SE Lake Weir Rd. Ocala, FL 34471
- **Dunnellon Christian Academy (Eagles)** - 20831 Powell Rd. Dunnellon, FL 34431
- **First Assembly Christian School (Eagles)** - 1827 NE 14th St. Ocala, FL 34470
- **Grace Christian School (Crusaders)** - 4410 SE 3rd Ave. Ocala, FL 34480\*
  - Volleyball games take place at Ocala Power United (OPU) 1433 SW 15th Ave. Ocala, FL 34471
- **Meadowbrook Academy (Mustangs)** - 4741 SW 20th St. Ocala, FL 34474
- **Ocala Christian Academy (Crusaders)** - 1714 SE 36th Ave. Ocala, FL 34471
- **Redeemer Christian School (Lions)** - 155 SW 87th Pl. Ocala, FL 34476
- **Seven Rivers Christian (Warriors)** - 4221 W. Gulf Lake Hwy Lecanto, FL 34461
- **St. John Lutheran (Saints)** - 1915 SE Lake Weir Rd. Ocala, FL 34471
- **St. Patrick (Panthers)** - 550 NE 16th Ave. Gainesville, FL 32601
- **St. Paul's Lutheran (Blazers)** - 6150 N Lecanto Hwy Beverly Hills, FL 34465
- **The Rock School (Lions)** - 9818 SW 24th Ave. Gainesville, FL 32607
- **Village View Christian Academy (Eagles)** - 8585 SE 147th Pl. Summerfield, FL 34491

## **Kingdom of the Son Mission Statement**

The mission of the Kingdom of the Son Conference is to provide a wholesome, competitive, athletic program within a Christian environment. The conference promotes good sportsmanship and fair play, within the guidelines established by the schools in the conference.

### **Kingdom of the Son Eligibility Rules (non-academic)**

- 1.** Any student not allowed to play because of an injury must have a "clear to play" note from a physician before returning to play.
- 2.** If an athlete turns fifteen (15) before September 1st of the school year, s/he may not participate in any sport. On the 5th/6th grade level, if any athlete turns 13 before September 1st of the school year, s/he may not participate in any JV sport.
- 3.** Unsportsmanlike conduct: Any athlete who strikes, curses, is removed from a game, threatens an official, or is guilty of any other related



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misconduct during a game, shall be suspended and therefore ineligible to participate in athletics for a period to be determined by the Principal and Athletic Director.

- 4.** Any coach who strikes, curses, is removed from a game, or threatens an official will be subject to suspension to be determined by the Principal and Athletic Director.
- 5.** Suspended players or coaches are not allowed to sit on the bench during any athletic contest.
- 6.** All players must be legally enrolled in the school. Schools will follow FHSAA guidelines concerning legal enrollment. If you have a student on your team that is home-schooled, report it on the eligibility roster.
- 7.** If a player has been moved up to another level (i.e. 5/6 grader to 7/8 grade team or 7/8 grader to a high school team), that player cannot be brought down to play for another team for the remainder of the season.

**All Kingdom of the Son Conference rules will be fully enforced by BCA.**

### **KINGDOM OF THE SON RULES BY SPORT**

For, Volleyball the Kingdom of the Son Conference follows FHSAA rules with these exceptions:

- 1.** Home team must furnish the proper equipment, scorekeeper, line judge, and official.
- 2.** Net for J.V. is to be set at 7' and for Varsity 7' 4".
- 3.** Visiting team must furnish one line judge.
- 4.** All matches including tournament play will be the best two out of three.
- 5.** All games will be rally scoring to 25, win by two. If a third game is needed it will be rally scoring to 15.
- 6.** J.V. teams will use the Lite volleyball.